

HOW TO USE THE TURBUHALER®

1. Remove the cap. Do NOT shake the Turbuhaler®.
2. Hold the Turbuhaler® upright.
3. Turn the colored grip as far as it will go in one direction and then back again as far as it will go. You will hear one click.
4. Have the child breathe out. Never breathe out through the mouthpiece.
5. Place the Turbuhaler® mouthpiece between the child's lips and have the child quickly breathe in deeply through the mouth.
6. Remove the Turbuhaler® from the child's mouth and have child hold breath for 10 seconds or as long as comfortable.
7. Have the child breathe out.
8. Replace the cap.

If a second dose is prescribed, repeat above steps waiting one minute between each dose.

