

# INTRODUCTION

The SRSS Health Clinic is a cooperative partnership of the Hanover School Division, Southern Health-Santé Sud and Steinbach Family Medical. Operating as a satellite extension of Steinbach Family Medical, the on-site Health Clinic is staffed with a full-time Nurse Practitioner (NP).

The NP serves over 1,700 students at the Steinbach Regional Secondary School, working collaboratively alongside the school's public health nurse, addictions counselor, dietitian, and mental health worker. Through this innovative approach, the SRSS Health Clinic provides students with a single point of access to a team of health care professionals. By providing accessible care in school, health-related class absences are minimized.

# SERVICES

Services available to students through the SRSS Health Clinic are similar to a medical clinic with additional supportive disciplines involved. The SRSS Health Clinic facilitates a range of basic health care services, which include:

- Physicals and checkups
- Treatment of minor/acute injuries and illness
- Bloodwork and specimen collection
- Diagnostic testing
- Prescriptions and immunizations
- Counselling for mental health and addictions
- Reproductive health program where individuals can ask questions about healthy sexuality, which may include providing supplies free of charge if the client is choosing to be or is already sexually active.
- Health education and disease prevention
- Referrals to other health professionals or specialists







7:45 am to 4:00 pm (closed for lunch).

During school closure, clinic services will not be available at the SRSS; on these days the NP will provide services to students at Steinbach Family Medical.

## **APPOINTMENTS**

The SRSS Health Clinic will operate on an appointment schedule. Students can call, or drop in to arrange for an appointment with the NP. In some instances, walk-in appointments may be accommodated.

Please check with clinic reception to confirm appointment scheduling for supportive services (public health nurse, counsellors, mental health workers), as availability may be limited to select times and days.

## WHAT TO BRING

Bring personal identification, such as a student ID or driver's license. It is also recommended that students bring a list of any medications currently being taken.

## LOCATION

The SRSS Health Clinic is located in the east wing of the Steinbach Regional Secondary School - 190 McKenzie Ave. Steinbach, MB.



#### Who operates the SRSS Health Clinic?

The SRSS Health Clinic is an extension of Steinbach Family Medical, who supports operations of the clinic including supplies, equipment and the Electronic Medical Record. Southern Health-Santé Sud is responsible for the staffing of the Nurse Practitioner (NP) and other health care professionals including the public health nurse, dietitian and mental health worker. Hanover School Division is responsible for the staffing of administrative support.

# Is a Manitoba Health Card required for appointment or registration?

No. Students are not required to show a Manitoba Health Card. Other cards such as a driver's license or student ID card are acceptable forms of identification.

### Will students have to pay for any clinic services?

No. The majority of services provided are covered by Manitoba Health. There are a few exceptions for non-insured services, such as a Drivers Licence Medical Exam.

#### Can students from other HSD schools access clinic services?

Yes. The services offered are available for students and staff of SRSS, students attending other HSD schools, and children in the SRSS Day Care.

### Is parental permission required to access clinic services?

No. As is the case with a medical clinic, students are able to see a health care provider without parental permission. Certain services are only provided to those who can demonstrate the capacity to make informed decisions, and who understand both the risks and benefits of their decisions. Dependent on the service provided, health care providers may encourage the student to have discussions with their parents or guardians and may provide some coaching on how to have those conversations of a potentially sensitive nature. The health care providers can act as advocate on behalf of the students where needed.

# Will parents have the option of attending an appointment with their child?

If it is the student's wish to have a parent or friend present, the student may extend such an invitation. It is important to understand that this may impact how open the student may be in answering questions about their health and life.

#### Will parents be notified of clinic services provided to their children?

No. As per the Personal Health Information Act (PHIA), if the student is assessed by the SRSS Health Clinic to be mature and responsible for their own personal health care, parents will not notified of services provided. Students are encouraged to take personal responsibility, which may include encouraging them to share information with their parents or guardians if there would be benefit to the student in doing so. Without consent from the student, SRSS Health Clinic cannot share the student's personal health information with parents or guardians.

Personal health information is kept confidential, unless the student makes claims to hurt themselves or hurt someone else. The health care provider has a legal obligation to report those situations to an appropriate authority.

## Will the clinic work cooperatively with a student's family doctor?

Yes. All health care providers of SRSS Health Clinic will work cooperatively and collaboratively with the student's family doctor or primary care provider, if it is the student's wish that the health care provider do so.

For those students who do not have their own family doctor or primary care provider, the NP can function as their primary care provider. SRSS Health Clinic providers can also facilitate a student's registration with the Family Doctor Finder Program.

# Will the Nurse Practitioner have access to a student's medical files at Steinbach Family Medical?

Yes. When the student presents at SRSS Health Clinic, the NP can then access the student's previous medical files at Steinbach Family Medical.

#### Are appointments kept confidential?

Yes. All appointments are kept confidential. If other health care providers are involved in the student's care, the health care providers share information that is on a 'need to know' basis for a client-centred team approach to care.

SRSS staff will not have access to medical health records or personal health information. The SRSS Health Clinic receptionist will only have access to the schedule of appointments, not the entire medical chart.

The security of health information collected and maintained by health care providers at the SRSS Health Clinic is of great importance. Only those providing direct care to the students may have access to health records.

### Can students be referred to a primary care provider for follow-up?

Yes. The NP can provide a full range of primary care services at the SRSS Health Clinic which includes regular follow-up. An NP can also refer to other primary care providers, including the family doctor, specialists, and others, depending on the assessment, care and treatment plan.