

**Policy: School Nutrition** 

**Policy Number: CE** 

**Policy Type: General School** 

**Administration** 

## **Policy**

Hanover School Division recognizes that the responsibility of the schools in cooperation with the home and community is to encourage healthy nutrition. Hanover School Division has a responsibility to promote and support good nutrition programs in schools by ensuring that healthy food choices predominate in school cafeterias, breakfast and lunch programs, canteens, vending machines, snack programs and fundraising activities.

Hanover School Division acknowledges the important role that nutrition plays in the total development and performance of the individual. Readiness to learn is enhanced when children and youth are well- nourished.

## Guidelines

All schools in Hanover School Division shall establish school specific procedures that support and promote healthy nutrition. Schools will have the opportunity to access funding from the Universal Accessible School Nutrition Program from the school division. School specific nutrition practices are designed to:

- promote healthy eating, consistent with what is taught in the school curriculum,
- make the healthy choice the easy choice, and
- support students in establishing healthy eating habits for a lifetime.

The following resource documents are to be used to develop a school's nutrition policy and protocols:

- Moving Forward with School Nutrition Guidelines (MB Government) (c.2014)
   https://www.gov.mb.ca/healthyschools/foodinschools/documents/mfsng/mfsng.pdf
- Public Schools Act, section 47.2
- Canada's Food Guide to Healthy Eating and additional resources from Health Canada will be used to guide
  decision making in the development of guidelines that will apply to foods that may be sold in, or provided by each
  school. (c2017) <a href="https://food-guide.canada.ca/en/">https://food-guide.canada.ca/en/</a>
- Manitoba Healthy Foods in Schools (web page on MB ED) https://www.gov.mb.ca/healthyschools/foodinschools/index.html

| Date Policy Created: | December 7, 2021                                    |
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| Date of last Review: | April 8, 2025                                       |
| Reference(s):        | Public Schools Act, section 47.2                    |
| Related Forms:       | Procedure: SA-42-School Nutrition Policy Guidelines |